

Cooking Safety



Stand by your pan:

Never leave your pot or pan unattended. If you leave, turn off the stove.

Set a timer: It will remind you you're cooking.



Keep counters clear:

Move things like cloths, oven mitts, wood or plastic away from the stove.



Have a “kid-free zone” of at least 3 feet (1 metre) around the stove and areas where hot food or drink is prepared or carried.



Be alert: Don't cook when you're sleepy, consumed alcohol or medications that can make you drowsy.



Wear fitted Clothing: Roll up your sleeves to avoid them from catching fire. Consider using an arm band to keep them tightly secured.



Appliances cook food:

Never use your oven or microwave as storage space. This can cause a fire.

**A fire in a kitchen is always an emergency.
When in doubt, just get out and stay out! Call 9-1-1.
Never go back inside for anything.**



**Mississauga Fire
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Questions? Contact Us:

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