

# Guess The Food

Use your sensory skills to guess what the food is! Your partner will assist in feeding you a food and you will have to do your best to guess what it is.

**Time to complete:** 1 hr.

**Age Group:** 8+ yrs. (or make it age appropriate)

## Materials:

- Condiments ( Ketchup, Mustard, Relish)  
Whipping cream
- Eggs
- Jello
- Avocado
- Anything you can grab from your fridge or pantry get creative
- Timer



## Instructions:

1. Have 2 people blind folded sitting down next to each other while the other person(s) get the food ready
2. Once everything is ready get your timer ready to go, count down and have them guess the food. First person to guess it right gets the point