

Next Step to Active Living

Strategic Plan Summary 2024 – 2027

Areas of Focus	Actions/Areas of Focus
Belong	<ul style="list-style-type: none">• Identify and apply best methods of communications for participants and their families throughout the program and in transition to community activities• Effectively communicate information regarding caregiver supports available in the community to assist with caregiver burn out and stress• Identify opportunities for participants to transition to community-based activities and programs including recreation, fitness, education, social, and cognitive skill-building, that best meet their needs along the continuum of active aging• Identify and communicate ongoing training opportunities and requirements for staff and volunteers
Prosper	<ul style="list-style-type: none">• Identify opportunities for the program to apply and be consistent with the Government of Ontario’s desire to use technology to improve patient care throughout the health care system• Identify opportunities for continuous improvement to enable NSTAL to maintain a respected reputation as a quality program in the community• Complete and track progress of a new strategic plan to take effect 2024-2027
Connect	<ul style="list-style-type: none">• Identify opportunities to increase quality and efficiency through improvements with operations, communications, technology, and program innovations• Identify and address accessibility concerns and barriers faced by participants due to facility age/design and to communicate considerations for future developments• Develop program pathway opportunities to foster meaningful community participation• Use of volunteers and student placements that provide meaningful experience and serve to increase quality and participant satisfaction in the program